

MONTANA CHEMICAL DEPENDENCY CENTER POLICY AND PROCEDURE MANUAL

Policy Subject: Scope of Mental Health Services	
Policy Number: CPT 05	Standards/Statutes: ARM 37.27.130
Effective Date: 01/01/02	Page 1 of 2

PURPOSE: To define the scope of mental health services provided to the patients.

POLICY: Mental Health Services will be provided to patients who have a co-occurring disorder, identified prior to or during the course of treatment. Mental Health Services will also be provided to patients who present with a mental health concern, regardless of diagnostic status.

PROCEDURE:

I. Pre-Admission:

- A. Admission packets will be reviewed by the Mental Health Supervisor or designated mental health staff as significant mental health issues are identified. Mental health records/reports will be requested prior to admission when appropriate.
- B. Mental Health Supervisor or designee will make recommendations to the Chemical Dependency Supervisor regarding appropriateness for admissions on a case- by- case basis, especially where there is a high risk for violence, limited cognitive functioning, or history as a sexual perpetrator.
- C. Telephone contact may be necessary for further clarification at the discretion of the Mental Health Supervisor.

II. Admission:

- A. Efforts will be made to admit patients with complicated or unstable mental health histories during the beginning of the week. This will be requested through the use of the Patient

Inquiry Form upon packet review. Montana State Hospital patients will be scheduled on Mondays or Tuesdays.

III. Mental Health Screening/Assessment:

- A. All patients will receive a screening and /or assessment by their team therapist to determine level of involvement by mental health services. This level of involvement can change through the course of treatment through request of the patient or referral of an MCDC staff member.
- IV. Mental Health involvement is reviewed at every interdisciplinary team meeting. Screening and assessment outcomes are given at these meetings, as well as updates on psychiatric consultations which have occurred.
- V. Patients are referred to the Medical Director or consulting psychiatrists for further diagnostic clarification and/or medication assessment as needed. The team therapist makes the referrals to the Medical Director. Team therapists or the Medical Director makes referrals to the consulting psychiatrists.
- VI. Patient services may include, but not limited to:
- A. Mental health screening/assessment
 - B. Psychiatric evaluation
 - C. Individual therapy
 - D. Group therapy
 - E. Education groups
 - F. Lectures on topics related to mental health and recovery.
- VII. Staff services may include, but not limited to:
- A. In-service training
 - B. Consultation and support for primary care staff for patients in crisis and patients receiving services through the Mental Health Team staff.

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